

# **MENU FOR PACKED MEALS - 2013**

*Please pack all items in brown paper bags.*

## **PACKED MEAL OPTIONS**

### **Monday Option:**

1X Roast Chicken Pie (*Normal, Halaal, African and Health*) **OR** 1X Vegetable Curry pie (*Vegetarian*)

### **Tuesday Option:**

2X Chicken Hot Dog (*Normal, Halaal, African and Health*) **OR** 2X Soya Hot dog (*Vegetarian*)

### **Wednesday Option:**

1X Foot Long Roll with Tuna Mayo or Egg Mayo and Salad (*Normal, Halaal, African and Health*) **OR**  
1X Foot Long Roll with Cheese and Salad (*Vegetarian*)

### **Thursday Option:**

1X Chicken Burger with bun (*Normal, Halaal, African and Health*) **OR** 1X Soya Burger (*Vegetarian*)

### **Friday Option:**

1X Roast Chicken Pie (*Normal, Halaal, African and Health*) **OR** 1X Spinach and Feta (*Vegetarian*)

## **COMMON ITEMS IN ALL THE PACKED MEALS**

1 Fruit Juice,  
1 Fruit,  
Yoghurt,  
Muffin  
1 Plastic teaspoon,  
2 serviettes.